



WELLNESS RANGE

MAMA ME

Origin: Predominantly Sri Lanka, Egypt & Germany

Tea blend: Organic herbal tea with cinnamon, chamomile, fennel, beetroot, orange peel, nettle, blackberries, and blueberries

Flavours: Cinnamon, chamomile, fennel and dark berries

Description:

A herbal tea with a natural bronze colour and a light spicy fragrance. It has a well combined taste of cinnamon, chamomile and fennel that makes this brew smoothly aromatic. Adding the orange and the berries gives it not just a fruitiness, it also adds a sweetness as well as a hint of citrus. A tea well suited for any time of the day, preferably as a breakfast tea or a pre-sleep brew.

Brewing method:

For best results, brew for 3-5 minutes with freshly boiled water. Brews best in a 200ml tea cup.

Extras: This tea manages very well on it's own, and it is also delicious with a little bit of milk.